

stuff

an open conversation

YOUR PAST

- Where did your parents work? What did they do for a living?
- What was your childhood like?
- What is your happiest childhood memory?
- Growing up, did your family live well? Did you have everything you needed? Did you go through times of need?
- As a child, were you aware of belonging – or not belonging – to a particular social class or group?
- Did you lack anything when you were a child?
- When you were younger, did having or not having certain things make you suffer? Was there anything that made you feel different from your classmates?
- What do you remember about your parents and your education?
- Did you respect what they said?
- Do you have any special memory of learning something from them as a child or teenager?

YOUR PRESENT

here your honesty matters most

- What is your life like now? Do you work a lot or only a little? Are you going through a period of unemployment?
- Are you happy with what you do? Do you like your job? Are you doing what you dreamed of as a child?
- What are your goals in life? Have you achieved any of them?
- Is there anything about your life that you dislike or want to change?
- How are you, economically speaking? What are your financial goals? What do you want? What are you missing?
- What are you afraid of? What are your insecurities? What do you envy in other people's lives?
- What things are hard for you to do without?
- If you were free of any social or professional commitments and could choose anything, how would you like to live? Why?
- Do you think that how your parents raised you is connected to any of this?
- How much time do you spend helping others?
- Are you going through a difficult time now? What helps? What don't you have that you think could help?

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- Are you currently helping someone going through a hard time or dealing with a difficult situation? Why or why not? Does it affect your own life?
- What are your thoughts on sustainability? What are your shopping habits? What's most important to you: price, quality, immediacy...?
- Are you a sales addict? When you find things at good prices or on sale, do you always buy them?
- How much do you care about brand names?
- What does the phrase "give my children the best" mean to you?

YOUR FUTURE

- Do you recognize your parents' values in the way you act and live now?
- Do you think about your parents' values now that you have your own family?
- What kind of life do you want for your children? Do you have plans for their future?
- What kind of foundation do you want them to build their lives upon?
- And what are they building their lives on now?
- Are they ready to face difficulties? Are they strong? What things make them suffer?
- If your family were to go through a hard time, would they be able to face it with hope? Would it make them anxious?
- What do you do when you see them suffering?
- What difficulties have you had in raising them? Who or what are your "enemies" in this regard?
- Do your children lack anything?
- What do you do when they ask for things?
- Are you worried about your children's social status?
- Are you worried about what they do for others?
- Do you often discuss these things with your husband/wife?

TO FINISH

Have you come to any conclusions after talking about all this?

- Why is it difficult to teach simplicity and form healthy relationships with things? Why is it difficult to be joyful in times of need?
- And why is it important?
- What are you willing to do?